



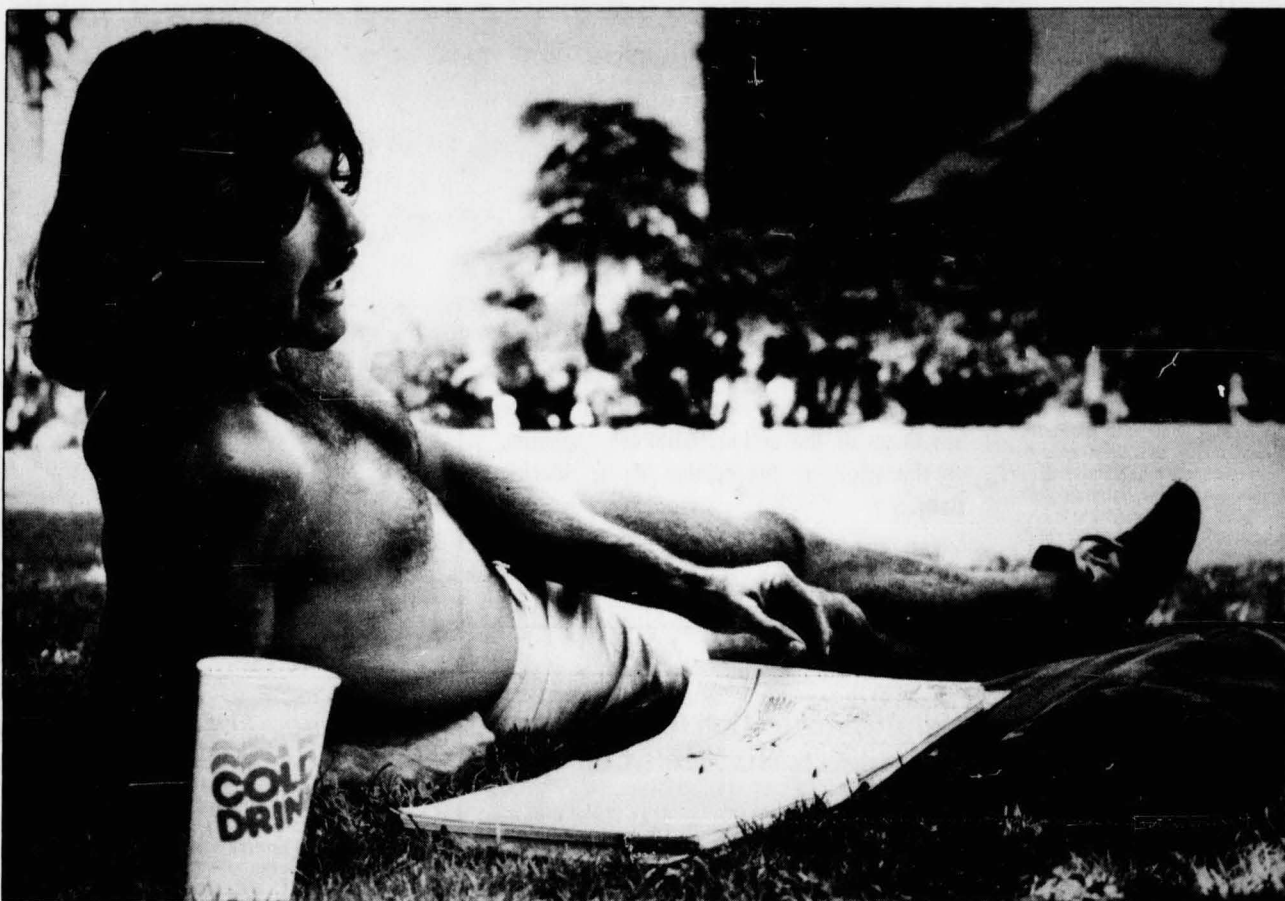
SPARTAN DAILY

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Tuesday, September 13, 1983

It's a hot time to wear shorts, or less



Gary Rabe studies anatomy in a shady spot of grass. The best thing about the heat, he says, "is the way girls dress."

Scorching heat makes students sticky, sweaty.

By Jennifer Koss

When you're hot, you're hot, and SJSU students were hot Monday with temperatures on campus soaring into the high 90s in the late afternoon.

Gary Rabe was lounging near the fountain in a not-bad-looking state of undress. Wearing shorts and nothing else, Gary was busy studying anatomy — in more ways than one.

"I think it's cool," Gary said of the heat. "I like it hot, just like my women."

"After class, I'm either going to the beach or lying out on my deck naked."

O.K. Gary. (Wonder what made him major in Human Performance?)

Over on a shaded bench between MacQuarrie and Sweeney halls, accounting major Kathy Francesconi was resting her figure — feet up, shoes off.

"The worst thing about the heat," she said, "is that it gets smoggy and it's hard to breathe."

Kathy commutes from Redwood City, she said, so she notices the smog more than your native San Josean.

"One thing I do like about the weather, though," she said, "I don't wear shoes."

Uh-huh. Your toes dolook com-

fortable, Kathy.

Joe Loiacono was relaxing in the grass nearby. He's a senior majoring in math, and planning on graduating from these hallowed halls in December.

"I just can't wait to graduate," Joe said.

"I wish I had an air-conditioned car," he added.

For freshman Phil Cepeda, the heat was tiring.

"I was reading a book and I almost fell asleep," he said.

But that's not the worst.

"It makes you all sweaty and sticky," Phil said.

Perhaps no one had a better idea on how to beat the heat than Brenda Pauken, Joe Torrisi and Chris Connors.

They were enjoying a bit of refreshment in the Pub while the rest of us were sweating it out in the classroom. But it wasn't all that cool in the Pub either.

"It's starting to get pretty hot in here," Chris said.

"We have to find a pool now," Pauken said. She's a mathematics and computer junior, Torrisi's a management senior and Connors is majoring in finance. (No wonder this country's having financial difficulties!)

Oh well, whatever keeps you cool.

'Russians Are Liars' hits charts

SALT LAKE CITY (AP) — A snappy new ditty dubbed "The Russians Are Liars" may not be moving up the charts like a bullet, but the two radio disc jockeys who put the tune together say it's earned them a flood of phone calls from supportive listeners.

Set to the tune of "The Eye of the Tiger," the theme of the movie "Rocky III" by Survivor, the song protests the Soviet attack last week on an unarmed Korean Air Lines jet

carrying 269 people.

"That Korean plane, it happened so fast, they shot it down with Russian glory," is one of the lines.

"I've been thinking about it ever since the incident," said lyricist Kip Kraddock, who co-hosts KLRZ-FM's morning show along with Steve Craig.

"It took me about 15 minutes to write it, and five hours later we had it all down," Kraddock said.

Since first being aired earlier this week, the song has prompted thousands of listeners to phone in their comments, ranging from "thanks for making a message" to "it's inciting hatred," KLRZ general manager Rich Marston said.

But the response has heavily favored the song, Marston said, and "the poll is 90 percent positive and 10 percent negative."

"The reason we allowed the song to go on is not to cause more

friction than there is now, but to simply have people be aware of propaganda messages and form an opinion," he added.

Kraddock and Craig have previously poked musical fun at local events, writing lyrics about cable television regulation and Utah's spring flooding set to popular tunes, Kraddock said.

"I use my air time as sort of a public forum for anything that's happening," Kraddock said. "My listeners keep me pretty well informed."

The pair dubbed the vocals over an instrumental version of "The Eye of the Tiger."

One line of the song says, "America's freedom is not gonna stop, we're sick of this Soviet jive," and Marston said he hopes listeners will write their congressional representatives and take "intelligent action."

Kraddock, who has been with KLRZ for 1½ years, said listeners frequently call in to discuss their concerns.

Women rap Reagan in Newsweek poll

NEW YORK (AP) — Women voters are more concerned with the Reagan administration's handling of the economy, foreign policy and national defense than they are about President Reagan's record on sex discrimination, according to a Newsweek poll.

The Reagan administration's emphasis on eliminating sexual bias in federal statutes to narrow the "gender gap" — Reagan's lagging support among women — overlooks the issues over which men and women differ most, Newsweek said the poll suggested.

While an equal number of men and women — 80 percent — say the economy is one of the most important issues of the upcoming presidential campaign, 47 percent of the men surveyed approved of Reagan's handling of the economy while 36 percent of the women approved of his performance, Newsweek said in its Sept. 19 edition.

Fifty-four percent of the men

approved of Reagan's defense spending and relations with the Soviet Union, while 38 percent of the women approved of those policies. The poll was conducted Aug. 29 and Aug. 31, before the Soviet Union's downing of the South Korean commercial jetliner.

Less than one-third of the women approved of Reagan's nuclear weapons policies, while a majority of the men approved.

In the overall approval rating, Reagan scores 40 percent of all women and 49 percent of all men, Newsweek said. It also stated that Reagan's approval ratings are even lower among women over the age of 50, 33 percent, and among women who classify themselves as independent voters, 36 percent.

The poll was conducted by The Gallup Organization, which interviewed 507 men and 511 women, and has a margin of error of plus or minus 3 percent for the total sample.

Smoke forces 80 out of science building

By Karen Woods

The old saying "where there's smoke, there's fire," isn't always true. At least not last Friday morning at the SJSU Natural Science building.

About 60 to 80 students were evacuated from the building about 8 a.m. when faculty and maintenance personnel were unable to locate the source of the smoke filling the second story hallway, according to John Smith, electronic technician at the physics department.

The San Jose Fire Department, which responded to a pulled alarm, turned the case over to university maintenance

and security personnel when it became apparent there was no fire, said Captain Guy Newgren.

Approximately half an hour after the building was closed it was discovered that an overheated air conditioner in the physics storeroom forced the smoke out into the second story hallway. The motor had overheated the fan belt, which sent smoke into the hallway, Smith said.

There was no injury or damage, "except to the motor, which will probably have to be replaced," Smith said.

Students were readmitted to the building around 8:20 a.m.

Fitness fanatic helps porcine populace

By Jeff Barbosa

No matter where you turn these days you see them. You see them jogging down the street in their shorts and tank tops, pounding the pavement with that painful look etched into their faces.

You see them wearing their leotards and leg warmers, exercising their tired muscles in some sweaty aerobics class.

These people, and millions of others, are caught up in a fitness craze that is sweeping the nation.

Len Wallach is one man who is glad to see these people striving to improve their bodies.

Wallach, a 1951 graduate of SJSU, was appointed to the board of directors for the American Running and Fitness Association this summer.

The American Running and Fitness Association is a non-profit organization formed in 1968 by then Surgeon General of the Air Force Richard L. Bohannon. The organization's goals, according to Liz Elliot, executive director of the ARFA, are to enhance the physical

fitness of Americans and provide them with good information on health matters. She said the 16-member board of directors, which meets four times a year, is an advisory panel.

"If I was putting on a race in Washington, I would contact them and they would give me advice on what to watch out for," Elliot said.

His knowledge and past activities are reasons why he was appointed to the three-year term on the board of directors, Elliot said.

Most of the experience and knowledge Wallach pos-

sesses comes from directing the Bay to Breakers race in San Francisco for the past six years. Wallach said the Bay to Breakers had 100,000 contestants in 1983, making it the world's largest race.

The toughest aspect of organizing such a huge event is "finding and tutoring staff that work independently," Wallach said. In 1983, 2,000 volunteers were involved in the race.

Wallach is not one to just organize events and watch

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Rules dampen dorm socializing

Willie Brown, SJSU's housing director, has decreed that the alcohol control rules must be enforced in all the residence halls equally. Most of the existing rules are good, but some hinge on the ridiculous.

For example, beer must be carried inside a bag when it is brought into the dorms.

I learned about this the hard way when a resident director gave me a thorough tongue-lashing when I walked into his dorm carrying a six-pack of beer.

OK, so it was domestic beer, but does that mean it can't be shown in public?

What about the bombardment of beer advertisements aimed at university students?

How many students (especially dorm residents) are offended by the sight of beer bottles? Making the beer

live in, thus eliminating conflicts.

Another completely silly rule is the "no more kegs" rule. Kegs have a festive air about them, and they tend to keep the people in one room, not wandering the halls in search of other drinkers.

For a large "party" (get-together, gathering, etc.), kegs are an economical item. Hundreds of bottles (or at least dozens) don't have to be picked up by the over-worked dorm cleaners.

If dorm dwellers want to go to a keg party now, they have to go to a fraternity and risk being arrested (well ...).

Since there are other study areas on campus, the select few (maybe this is my imagination) who study on weekends may easily move to the library, Dining Commons, or other areas to study if the noise is too much.

Not to imply that I am in favor of wild, out-of-control ravers, but trying to keep a room full of people in some sort of quiet is asking too much.

While I don't advocate minors stumbling the halls, I also don't condone a crackdown on them. Even a strip-search at the doors wouldn't solve anything.

Anyone who wants to drink will, regardless of rules or laws. Anyone who doubts this has no grip on reality.

The plain brown wrapper is not the answer. (Ever tried to get a bag at a seven-eleven?)

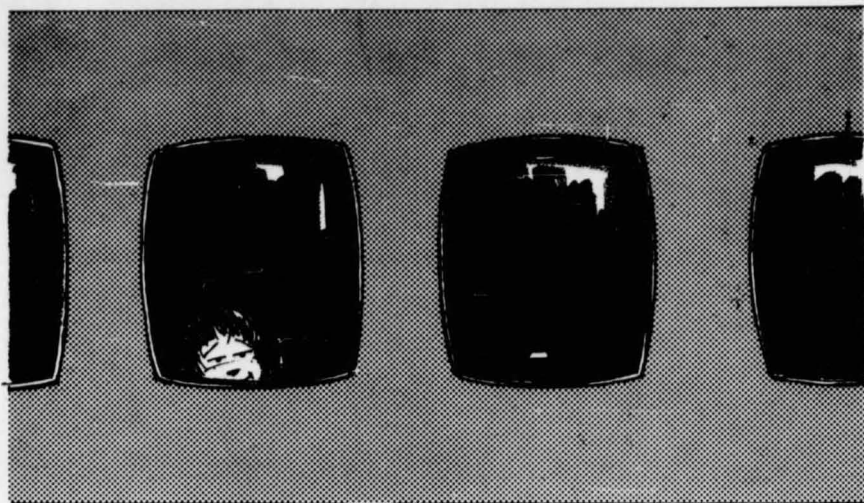
I believe that the Housing office is attacking the alcohol problem from the wrong side. Parties are a great way of making everlasting friends. How about organized parties?

These parties can have nondrinkers as well. I've been to plenty of gatherings where drinkers and nondrinkers alike had fun. And even became friends. However, Housing office, these parties can be just as loud.

If it is too much trouble for the people in charge, I'm sure that there are several go-getters in every dorm who would just love to organize parties.

How about using the formal lounges in the dorm? They're big enough and designed so that they are separated from the rooms (in the brick dorms). Believe it or not, they can be used for more than the biannual dorm meeting.

Everyone should respect each other's rights, whether they are drinking, studying, or just vegetating. Students in the dorms should learn to live together, not rival each other.



"MOMMY, LOOK AT THE NICE PLANE!"



Eric Hermstad
Staff Writer

drinkers hide their bottles when they carry them into the dorms is not going to solve or protect anything. As long as the containers are still closed, there should be no problem.

As far as carrying open containers of beer in the halls, I agree with the Housing office's opinion. Broken glass, spilled drinks, and loud, obnoxious behavior don't belong in the common areas.

But why stop at beer? How about eliminating all glass in the common areas, as well as all drinks. Any noisy people are loud, regardless of the alcohol content in their bloodstream.

All the loud, noisy people should be put into the same dorm, and then the dorms would return to their own state of character, which they had exhibited in the past.

When the dorms each have their own personalities, the dwellers can choose what kind of environment they

The forum page is your page. The Daily encourages readers' comments on any topic. The viewpoints expressed in opinion articles are those of the author. Editorials appearing on this page are the opinion of the Spartan Daily.



Diane Murphy

LETTERS

Greek system is worthwhile; not living in a "fantasy world"

Editor:

I am writing this letter in the hope that it will clear up the misunderstandings that exist between Reuben Rutledge (and people who share his views) and the Greek system.

It seems to me that there are always people ready to condemn those of us who get involved. It is disturbing to me that a fine school like SJSU can produce and applied philosophy graduate with such a closed mind.

I have lived next door to the Mecca Guest Home for three and a half years and would venture to say that I am less "self-deluded and naive" about the situation than Reuben.

There is no doubt in my mind that the board and care patients have very real problems, but believe me, we do not live in any "upper middle-class fantasy world."

I know many of the board and care residents by name, and regularly have conversations with them.

The fact is that the Greek system is a large system of organizations from which a great many people benefit. For us it is an education in itself. Our philanthropies have helped a great many people and this is something

of which we are very proud.

It is true, as Reuben says, that we have a great deal of fun doing these charities. Should it be painful?

Furthermore, I'm sure that the people from the Muscular Dystrophy Association, Toy for Tots, Life Experience Foundation, Gallaudet College for the Deaf, American Heart Association, Special Olympics, as well as many other charities could tell you that what we contribute is much more than a "token gift."

Many of the buildings in which the board and care homes are operating were originally built for fraternities and sororities. Unfortunately, the antiestablishment wave of the 70s forced many of us into smaller houses or entirely off campus.

Fortunately, the Greek system is now growing at an incredible pace and we are in need of the housing that we originally built.

There is no simple solution to this situation. With new housing the Greek system can continue to grow and benefit the community. We are not mean and ruthless as some suggest, we are just a group of people with common bonds and a common goal: to improve our community.

Michael Meissner
President
Sigma Nu Fraternity

Helpful suggestion for members of the new SJSU Men's Center

Editor:

I was delighted to see that the Men's Center is trying to get back to the traits our society has traditionally condoned in men — insensitivity, boorishness, and brutality. They plan a "Myn's Week" of listening to truck drivers, watching John Wayne movies, and not eating quiche.

Trying to be of help, I asked my cousin the truck driver if he would speak, but he declined; seems he's afraid "one of those college boys" will make a pass at him.

But I might still be of assistance by offering a suggestion: instead of indulging in vicarious manhood by watching films, why not join the Marines? Apparently there are opportunities right now in Beirut to bear arms, fire back, suffer, sweat, bleed, die, drink beer, and otherwise be genuine men. And I hear they don't have quiche in C-rations.

Judy Connors
Art History

The Spartan Daily reserves the right to edit letters for length, grammar and libel.

From where I sit

A sheet of blue paper I found stuffed in a desk drawer has me thinking about being witty. It is a story I began years ago, but never finished. The story stinks. What's significant is a line I scribbled at the top of the page.

Apparently my husband and I crossed paths with a fairly unattractive woman. On the paper I had written John's remark, "Maybe she sleeps on wrinkled sheets face down."

Now that's not the kind of comment you make while nibbling cucumber sandwiches with the opera guild, but it's witty nonetheless.

John has a habit of coming up with clever remarks that are, dare I say it, HeeHaw in style. Upon seeing a boy with bucked teeth, he says in mock hick drawl, "Ooo-eee! That boy could eat corn-on-the-cob through a picket fence!" If something smells bad, it's "enough to gag a dog off a gut wagon." And when someone says "You're driving me crazy," he replies, "For you, it's a short putt."

John's wit is downhome. It's not the only style of wit I like. I had a friend from New York — short, squat and kind of tough. She wore her face like a bulldog wears his. One day we were walking across campus and a couple of girls, apparently moved by Barbara's sour face, stopped in front of her and said, "It takes 24 muscles to frown and only 14 to smile."

Barbara raised her middle finger into their faces and replied, "And only one to go like this."

New York wit.

Utah has wit too. Salt Lake City Magazine selected the best and worst things of 1982 and one winner was the best way to react to getting a speeding ticket. After being pulled over, as the policeman steps up to the window, open your wallet, raise it to your lips and say, "Beam me up fast Scotty, there's trouble down here." I guess that's not really Utah wit. It's broader. You know, Space — the final frontier and all that.

I enjoy wit. Sometimes I even try my hand at it. When I was in high school, friends used to come over and we would write ridiculous stories, poems and songs. I recall a western ballad we wrote about Dr. Scholl (the shoe man). The words went like this: "There's turmoil in the roulette room. The tables are hot, and everyone's staring at the orthopedic shoes I got" Perhaps my definition of wit is too broad.

Well, we can't all be Ben Franklins. We may never come up with lines like "Fish and visitors smell in three days," but almost all of us are capable of cruder variations (high school pal Mary Gorman's "It's enough to gag a maggot," comes to mind).

Yes, I love the idea of being witty. The phrase "witty repartee" calls to mind Oscar Wilde scenarios, dapper young men in white suits, afternoon lawn parties and a game of croquet. But, as I say, my definition of wit goes well beyond that.

I mean, imagine dining with the Queen, engaging in "witty repartee" and casually remarking that she looks like she slept face down on wrinkled sheets.

Diane Murphy is a guest columnist to the Daily. Her column will run every Tuesday.



Dracula fakes a bite at seduction



The cast of Dracula in action. (far left) Dracula (David Apple) meets Dr. Van Helsing (Arthur Ward) as Dr. Seward (Anthony Combs) and Arthur Homewood (Christopher Nellis) look on. (left) Renfield (Jerry McAllister) considers a spider lunch. (below) Dracula meets Mina Murray (Katy O'Shea) as Dr. Seward keeps a wary eye on the count.

Dracula runs through Sept. 17. Shows start at 2:30 Wednesday afternoon and 8 p.m. Thursday, Friday and Saturday. Tickets are \$3.00 and \$3.50 for students and senior citizens. \$5.00 and \$6.00 for the public.

'Dracula' lead fits the role

Arthur Ward acquired a Dutch-German accent, and the title of doctor in a little more than 48 hours.

Due to personal problems, the actor who played Dr. Van Helsing in the summer preview of Dracula, was unable to go on with the show.

One day while Ward was visiting friends, Kate Irvine and Bob Jenkins from the Theater Arts department, Irvine noticed Ward was about the right size to fit the already-made coat for Van Helsing.

From that point on, Ward was the new Van Helsing in the University Theater's production of "Dracula." He learned and superbly executed the role of the vampire-chasing doctor in a little more than two days.

"It was kind of a course in crash memorization," Ward said. "The pressure leads to concentration, and that helps me work. It makes me avoid stupid mistakes."

"Art fit the coat," laughed Kate Irvine, publist for the Theater Arts.

Ward, a 1979 graduate of SJSU, describes his role as a "fidgety little man who is four steps ahead of everyone else."

"Lion in the Winter," "Taming of the Shrew" and "King Lear" are among the many credits behind Ward.

The accent was but one of the hurdles Ward had to face.

"If I went too German the 'w's would have gone away," laughed Ward.

He believes Dracula is a success. "You don't have to be intellectual to enjoy this play," Ward said. "Everyone likes an adventure. Besides Dracula is a tried and true monster, and how can it miss?"

"What it boils down to is the audience doesn't think we can scare them. I think we did."

Stories by
Denice
Chambers

Photos by
Liza Murphy

Play review

Sensuously chilling spectacular

A smothering fog crept onto the stage, and echoes of chanting and laughter filled the interior of the University Theater, as the production of "Dracula" opened Friday night.

Stephen Wathen's version of the Bram Stoker classic is a sensuously chilling depiction of the Transylvanian plasma pirate. David Apple's portrayal of the Count, smolders with darkness and a deliciously wicked presence. His tall, thin body moved across the stage with an appropriate stiffness, yet festering with the infamous strength of Dracula.

The opening scene, Dracula's castle, complete with a menacing gargoyle, almost smelled of mustiness. The howling of wolves, the Count's "children of the night" provided the background music.

The special effects, including mysterious disappearances, live wolves, and an abundance of blood lent to the spectacular opening of the 1983-84 season. The effects, courtesy of Stephen Wathen's experience and talent added the needed dimension of sophistication.

Wathen, a 1972 alumni of the Theater Arts Department has such shows as "Flesh Gordon", "Star Wars" and "Return of the Jedi" under his belt. Wathen is a scenic designer and playwright, working locally as a graphic artist.

Dracula's three wives, played by Rhonda Lord, Lori Aceto and Heat-

her McAllister, floated onto the stage clad sparsely in ragged gowns aching for their dinner. The stalking of their prey, Jonathan Harker, was a ritualistic seduction, another lustful twist to the Stoker classic. The trio's cravings were abruptly satisfied by a screaming infant in a bag.

Inside the sanitarium, Renfield, played by Jerry McAllister, stole the show as the fly and spider eating psychotic. McAllister's depiction of the odd, but loveable lunatic, eased the increasing tension with humor. The humor ended when Apple entered the sanitarium sporting a flashy cape and his eerie presence in full force.

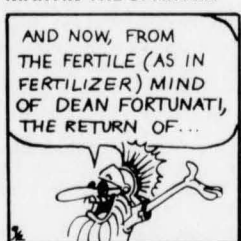
Apple's first bite, can be re-named the seduction of Lucy. Lucy Weston, played by Elizabeth Medeiros, was the "ivory girl" of the production, reeking with sugary sweetness. Lucy's sugar granules were tainted by a splurt from her jugular, prompting some of the most horrifying screams.

Dr. Van Helsing, played by Art Ward, strung garlic-like tinsel and spread the infectional fear. His unintentional dry humor was a welcome addition to the blood-thirsty scenes.

The special effects ended the play with dramatic realism. If "Dracula" is any kind of preview for the year, we're in for a bloody good season.

COMICS

MARTIN THE SPARTAN



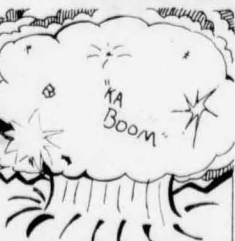
DEAN FORTUNATI

LEAF NOTES



KEVIN YEAGER

LIFE ON EARTH

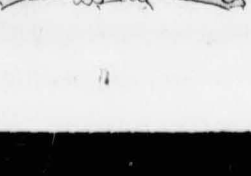
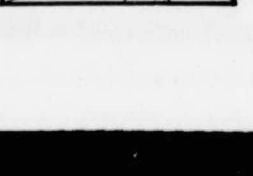
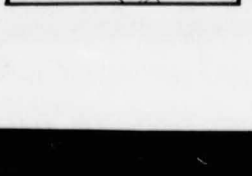


DR. ANDERSON

THE SPARTAN DALEY

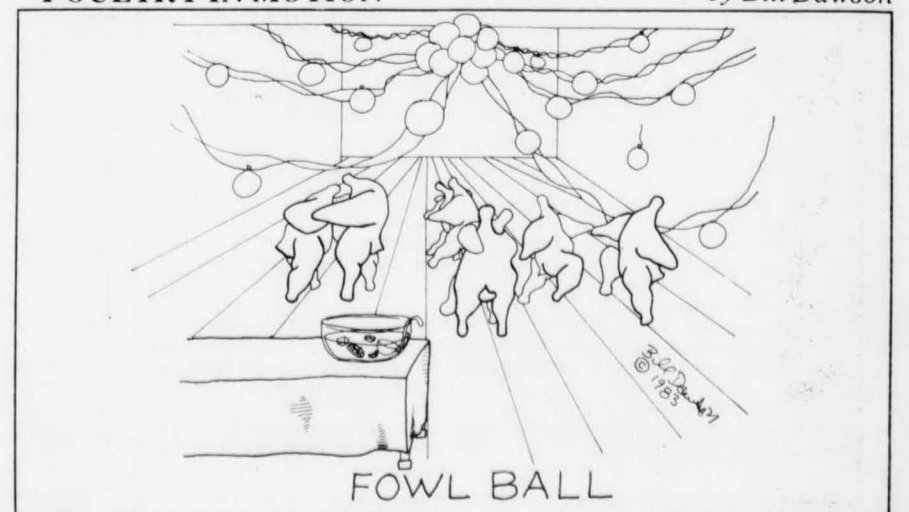


JIM BRICKER



"POULTRY IN MOTION"

by Bill Dawson



FOWL BALL

Sokol cycles around the valley

By Luther Mitchell

September 1, 1983 was a day that Steve Sokol will always remember.

It was a day in which he set his ninth world record by bicycling the perimeter of the Santa Clara Valley — 142 miles — without ever sitting on the bicycle seat.

Sokol, a 26-year-old SJSU graduate student, and termed by some as "the world's fittest man," bicycled the 10 hours to demonstrate his commitment to the American Heart Association's fight against heart disease.

After receiving a bachelors degree in chemical engineering from Tufts University in Medford, Massachusetts, Sokol's interests shifted to physical education. His interest has motivated him to seek a masters degree in exercise physiology.

"I discovered that I no longer wanted to be an engineer," Sokol said. "I was bored and I wanted to get involved with something that required physical fitness."

A swimming background initiated Sokol's athletic exposure. His parents were swimmers and they thought it would be a good idea to teach him. It turned out that swimming helped Sokol medically, and helped him overcome asthma and strep throat attacks. It also aided him in his late teens, as he was a member of his high school and college swimming teams. But it wasn't until arriving in California that Sokol seriously considered performing marathon-related events.

"They were personal challenges at first to find out what I was capable of doing," he said. "It turned into a pyramiding-type thing. The more things I did, the more I wanted to do and the more I felt I was capable of doing."

These challenges eventually led to his first world record, 52,003 sit-ups, set in June of 1981. Since that time, he knew he was capable of setting other records and wanted to continue to establish a reputation, raise money for charity, and continue in the field of physical fitness.

Sokol has participated in a number of other physical fitness activities. Prior to the 52,003 sit-ups, he had twice participated in the Iron Man Triathlon in Hawaii. The Triathlon consists of a two-and-one-half mile swim, 112-mile bicycle race, and a 26-mile run. He also ran 72 miles around Lake Tahoe and bicycled 300 miles in the Los

Angeles Wheel-Men Triple Century. Despite not being the central figure in any of these events, Sokol feels that he is just now living up to his potential.

"I had done fairly well in these other events, finishing as high as seventh place in that 300-mile bicycle race," Sokol said. "However, I always knew that I was capable of setting a record and being the best at something."

With the numerous accomplishments under his belt, Sokol felt that he did have the potential to accomplish any athletic endeavor.

"It was something that I believed I could do," he said. "I had a feeling that I was capable of doing certain things if I put the time in, trained properly, and believed in myself."

There were times when Sokol did feel pessimistic about his chances. It wasn't until after the sit-ups record that he realized he did have the potential.

"The sit-ups were by far the most difficult accomplishment. If anyone were to break that record, I would never try to get it back. I was too close to damaging my body and even coming close to death."

Before the bicycling performance, Sokol held world records in sit-ups (52,003 in 32 hours, 17 minutes); leg lifts (13,013 in 5 hours, 45 minutes); jumping jacks (30,000 in 7 hours, 30 minutes); squat thrusts (3,333 in 4 hours); sit-ups with a 42 lb weight on his chest (1,001); surfer exercises (10,000, which consisted of paddling a surfboard in 4 hours); long poles (4500); rowing exercises (6,000), as well as several records on Total Gym exercise equipment.

Sokol feels that good physical conditioning is the key element in marathon events. A normal training day for him spans three to six hours. He usually averages about 25 hours of training per week. Sokol feels that the person that just wants to be in good physical shape doesn't have to put in nearly that many hours, but to set his types of records extensive training is mandatory.

"Normally my training day starts with 1,000 sit-ups, a 30- to 60-mile bike ride, a 6-mile run, swimming, and weight training on Nautilus and Total Gym exercise equipment."

Despite his unusual accomplishments, Sokol's friends have been supportive of him. So far they haven't looked at him as being a hot dog or a big shot.

"If they really are my friends they will get to know me a little better," he said. "They will see that I am not just some dumb jock out to prove that I am the greatest of them all."

In addition to the charity causes, Sokol is also doing it to set personal accomplishments and attempt to motivate other people.

"I am not saying that someone has to attempt to equal my accomplishments, but if they go and see what I've done and attempt to do even one quarter of what I've done, then I think I have been successful, he said."

Sokol's involvement with the Red Cross began with a near disaster. While still working at IBM, Sokol decided to go jogging on his lunch break one afternoon, when he saw a man suffer a heart attack while playing basketball. Sokol, who had just been trained in Cardio Pulmonary Resuscitation (CPR), went to the man's aid. Because of the CPR knowledge, Sokol was able to save the man's life. He was pleased with being able to save someone's life in such a crucial situation.

"Because I got the training from the Red Cross, I wanted to give something in return."

Several newspapers and magazines have written articles about Sokol's ability. "The world's fittest man" title that writers have adopted for Sokol has given him mixed feelings.

"It is a controversial and subjective title because some people believe that various athletes can be identified with certain accomplishments, Sokol said. "My title came because I had done ultramarathon-type events, which require cardiovascular endurance, and the calisthenics require more muscular strength and muscular endurance."

Being selected to participate on NBC's Sports World last July was one of Sokol's biggest thrills. He competed in mountain climbing, repelling, whitewater kayaking, whitewater swimming, jousting, and cross-country obstacle running events.



Leo Bevilacqua

Sokol, SJSU grad student and record holder.

It turned out that the other contestants had lots of mountain climbing experience. It was a vast difference from anything he had done up to that point. In fact, the climbing expedition scared him stiff.

"I have never been as scared as I was when I was asked to perform it, he said. "I was afraid that I was not going to make it out alive. We were using thin ropes and tightrope-walked over a 500-foot deep rock-filled abyss."

continued on page 5

Spartans stop Titans in smog

By John Ormsby

The SJSU soccer team didn't count on facing two opponents last Saturday in Fullerton, but the Spartans had to overcome the elements as well as a deter-

mined Titan squad on the way to a 2-1 victory.

"The smog was terrible," said Spartan coach Julius Menendez. "The guys were having a rough time just breathing out there."

In addition to the smog, temperatures in the 100s helped turn the contest into an endurance match.

"We started about 2:30, and it was very hot," said Menendez. "We used eighteen players, and I think our superior depth helped us."

The Spartans opened the scoring at 30:58 in the first half. Spartan forward Danny Barraza made a long run down the field and

blasted a hard shot from 20 yards that hit the right post. Forward John Hubacz collected the rebound and scored to make it 1-0.

After the Titans tied the score at 62:37, the Spartans got the game winner on a strange play at 71:53.

Spartan fullback Rich Rollins stole the ball from a Titan mid-fielder and dribbled his way into the penalty box. The desperate Fullerton defense swarmed at Rollins and the ball was deflected into the goal.

"I think Rich got a piece of that one," Menendez said. "It was a good aggressive defensive play and there wasn't much for them (the Fullerton defense) to do but try and clear the ball away." Rollins was credited with the goal.

The Spartans will take a 3-0-1 record into tonight's game against Cal State-Hayward. The weather is expected to be more cooperative, but don't count on the Spartans to make things easy.

Hayward State, traditionally a Division II power, comes off a 6-0 thrashing of Puget Sound

last week. The Spartans are 1-0.

Coach Colin Lidores starts his eighth year at the helm with another talented side. The Spartans posted a 10-4-6 record last year, and their 7-1-4 league mark was good for a first place tie with Chico State in the Northern California Athletic Conference. The Spartans lost to eventual champion Missouri in the first round of the playoffs.

Senior forwards Grant Gollnick and Dave Hague will be counted on to provide leadership as well as scoring punch. The two collected 19 points each last year.

Lidores is also excited about the scoring potential of freshman Jae Shin, a forward. Shin had two goals last week against Puget Sound.

Anchoring the defense for the Spartans will be junior goalkeeper Jordy Drake, a native of Cupertino. Drake finished last year with a 1.20 goals-against-per-game average. He had three saves while posting a shut-out against Puget Sound.

Kick-off is scheduled for 8 p.m. at PAL Stadium.

Criswell honored

Minor bruises won't hamper SJSU

By Pat Sangimino

SJSU runningback Dave Criswell was named the Pacific Coast Athletic Association Offensive Player of the Week Monday.

Criswell enjoyed his finest game as a Spartan Saturday night, rushing the ball 10 times for a career-high 90 yards, including a 55-yard touchdown run.

There was more good news for the SJSU football team following Saturday night's 31-26 win over Nevada-Las Vegas.

Quarterback Jon Carlson's debut as the Spartan signal caller was a success, the defense forced two crucial turnovers in the late going that turned the game around, and there was no serious injuries among coach Jack Elway's troops.

Cornerback Ray Williams suffered the most severe injury when he bruised his right shoulder while making a tackle in the fourth quarter. Before the injury forced Williams out of the game, he was involved in six tackles and intercepted a Randall Cunningham pass. Williams is listed as possible for Saturday's contest at California.

The only other injury that could keep someone from playing against Cal is the twisted left knee injury that reserve wide receiver Chris Iglesias suffered.

Iglesias sealed the Spartan win against UNLV when he recovered the Rebels' attempt at an onside kick with just 33 seconds remaining. However, it was on that play that he twisted the left knee. He is listed as possible.

Running back Bobby Johnson, who rushed the ball 21 times for 89 yards, bruised his left shoulder. It is the same injury that kept him out of action last spring.

Johnson was the workhorse of the Spartan offense against the Rebels. When he wasn't running the ball, he was often Carlson's target on a short pass to the sideline — the same play that former Spartans Steve Clarkson and Gerald Willite used so successfully.

"The reason that play works so well is that their (the opponent's) cornerbacks have to respect our receiver's speed so they line up seven to nine yards off the line of scrimmage and the whole side line is wide open," Carlson said.

Johnson, who caught five such passes for 24 yards Saturday night, is listed as probable against the Bears.

Nose guard Tom Marshall has a mild sprained ankle, but he too is listed as probable for the Cal contest. Marshall saw limited action against the Rebels and wasn't involved in a tackle.

Another member of the defensive line — end Tuli Ainuu — suffered an injury. Ainuu has a laceration between the fourth and fifth fingers of his left hand. The injury happened while trying to make one of his five tackles against the Rebels. But the injury will not keep him out of action against the Bears.

NOTES: Linebacker Dave Albright enjoyed his first major college start by leading the Spartans with 15 tackles. Terry McDonald also was a standout against the Rebels with 11 tackles.

Although he saw limited action, safety Lou Patrone made the best of his playing time, recording six tackles and forcing and recovering a fourth quarter fumble.

Jack Elway's experiment with having guards Mark Baker and Jim Accinelli bring in the plays from the sideline was a success. The Spartans were called for a delay of game penalty, but things seemed to go smoothly. It even made for a couple of humorous situations in the Spartan huddle.

"Every now and then the guards would get a little excited and their voices were badly garbled, Carlson said. "We were all in the huddle trying to figure out what he was trying to say. (Dave) Criswell would think it was one thing, somebody else would think it was something else, but sooner or later we figured it out."

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PCAA weekend roundup

By Pat Sangimino

Titans 25, 49ers 19: Pre-season favorite Long Beach State lost more than just a 25-19 decision to Cal State-Fullerton Saturday night.

The 49ers' talented quarterback Todd Dillon was forced to leave the game at the end of the first half because of a strained knee.

The injury occurred when a Titan lineman knocked his legs from under him. Although it is not believed to be serious, he is still questionable for the 49ers' contest in Hawaii Saturday.

Before Dillon was forced to leave, he had completed 13-of-18 passes for 144 yards and one touchdown. Backup signal caller Doug

Disney came in and did an admirable job, completing 11-of-21 passes for 108 yards, but his performance wasn't enough to overshadow the performance of Fullerton's Damon Allen.

Allen, brother of Los Angeles Raider running back Marcus Allen, completed 12-of-20 passes for 177 yards. On the ground, he was the Titans' leading ground gainer and scored three touchdowns.

With the upset win over the Niners, the Titans are now 2-0 after a disgruntling 3-9 record last season. The 49ers dropped to 1-1.

In Pacific Coast Athletic Association non-conference action, Bowling Green avenged its 1982

California Bowl loss to Fresno State by beating the host Bulldogs 35-27. West Virginia drilled Pacific 48-7 and Arizona State topped visiting Utah State 35-12.

New Mexico State, which does not become eligible for the PCAA championship until next year, defeated Louisiana Tech 15-7.

Despite the loss, Fresno State freshman quarterback Kevin Sweeney, son of Bulldog head coach Jim, had an outstanding debut for Fresno State. The 5-foot-11, 190 pounder completed 20-of-31 passes for 329 yards and two touchdowns.

Fresno led at one point 14-0, but was unable to hold the lead in a highly entertaining offensive show.

Hockey tune-up in tourney

By Dean Kahl

The words that might best sum up SJSU's women's field hockey play in the Northern Pacific Conference Tournament last weekend would be dominating and bumpy.

The Lady Spartans controlled play Friday and Saturday in matches against Stanford, Cal and Chico State, but managed to come away with only one win, one loss and two ties.

Head coach Carolyn Lewis didn't seem overly concerned, however.

"We're ahead of our progress at this point last year," Lewis said. "We had good defense and mid-field play as well as good passing. We just didn't take good shots."

The Spartans tied Stanford 0-0 and lost to Cal 3-1 Friday, but bounced back to tie Chico State 0-0 and defeat Cal's junior varsity squad 6-0 Saturday. Despite the win over the Bears' JV unit, the Spartans' problem was that they just could not seem to put the ball in the goal, according to Lewis.

"It was like banging our heads against a closed door," Lewis said. Against Stanford, the Spartans managed 11 shots on goal to the Cardinal's one and SJSU's outshot Chico St. 16-1.

"We had a lot of penalty corners, but couldn't convert them," Lewis said, who pointed to the field conditions as a contributing factor.

"The fields are bumpy at Stanford," she said. "When you're taking penalty corners, you need smooth passing to set up the shot. If the field is bumpy, it can be awfully tough to set up a score."

On the other hand, Lewis was extremely pleased with the offensive attack of the Spartans.

"Against Stanford, we had the momentum," said Lewis, "and against Cal we were a little frustrated. We dominated both games, but we had trouble attacking in the scoring circle."

"We went out and attacked our opponents' strengths," she continued. "But we had a tendency to look for a perfect shot and never get it."

In spite of the weekend action, Lewis still did not decide between Debbie Libbey or Jackie McGarry as the starting goalie.

"It's still up for grabs," said Lewis, who added that she should have a starter selected by Thursday. The youth at that spot and the sweeper position are two of the vital issues for the Spartans.

"Both of our goalies were strong at times and made fantastic plays," Lewis said. "But now and then they'd suffer from indecision and slight over-committing."

Cal, always a nemesis for SJSU, took advantage of the Spartans' inability to score Friday. Trailing 1-0, the Bears got a quick score to tie and the Spartans never really recovered.

"We dominated the Cal game for the most part," said Lewis. "but I think the girls got frustrated. After Cal capitalized on one of our errors for that score, we just lost our style."

Regardless of the outcome of the tournament, Lewis said she has her varsity unit primed and ready for the season opener against Stanford Saturday.

"Stanford didn't show us what I thought they would," Lewis said, referring to Friday's tournament match. "They had some jitters and suffered some injuries to a couple of key players, but they are not to be taken lightly. We didn't score off them Friday — they played good defense."

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Ironman doesn't sit down on the job

continued from page 4

Despite his physically active background, Sokol said that he has not always been in top physical condition.

"Right now I try to stay in shape all the time, but you can't always stay on that peak, Sokol said. "I can put on weight if I'm not careful. I try to keep it pretty constant because I don't have a super high metabolism when I'm not training hard."

Despite his numerous accomplishments, Sokol does not feel that he has accomplished everything. He feels that he will never be an ultimate performer because there is always going to be someone to come along and equal or surpass his accomplishments.

"It comes down to being pleased with the levels that you have reached and the will to use them as guidelines, he said."

Sokol does not feel that he is getting cheated for not getting paid for his exhibitions. He has set these records

for personal reasons, and he feels that accepting money would be in poor taste.

"I don't want to be in a position to make money, Sokol said. "I don't make money directly from the records, but I do have endorsers and sponsors that will help me with my training and living expenses."

Unlike other athletes that grab at opportunities to make profits, Sokol prefers to let his brain make his living.

"I would like to write some books, make speaking appearances, and become a recognized figure on the level of a Jack La Lanne, he said."

Sokol is looking forward to getting older. He feels that his physical abilities will strengthen and improve.

"I still think that I will continue to do these types of events, but they are all going to be for my personal benefit because I like to train, stay physically fit, and test and challenge myself."

SPARTAGUIDE

Tau Delta Phi is having its bi-annual "Smoker" to recruit new members at 6:30 p.m. tonight in Morris Dailey Auditorium. For more information, call Jon Tooper at 286-0668.

The Biology Students Association is having a bake sale from 7:30 to 11:30 a.m. on Wednesday, Sept. 14 at Duncan Hall ground level.

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SJSU grad won't accept physical limits

continued from page 1
others compete. He enjoys many sports including surfing, sailing, weightlifting and running. And if you think running around the block is tiring, in 1982 the 55-year-old Wallach competed in the Iron Man Triathlon. The triathlon is a 2½ mile swim followed by a 112 mile bicycle ride and concludes with a 26 mile marathon. Let's see Jane Fonda top that.
Wallach will continue to direct races and hopes to bring a "fitness renaissance to the ordinary person." He says the average person is more likely to compete in a

large event because it becomes a happening.
His goal is to "foster and develop activities that will raise a person's level of health. I want to try and develop programs at the grass roots level that people can compete in," he said.
Wallach said he is currently working with Gill Cable to organize an annual run from SJSU to Santa Clara University. He hopes to get the community participating in the run along with alumni and students from both universities.
In addition to organizing the world's largest race,

Wallach is also employed by PRX-Sports, a public relations firm. The firm organizes sports events that help promote certain companies. Wallach used the Avon tennis tournaments as an example.
"Sports is a very marketable commodity. Sports can become a promotion technique," Wallach said.
Wallach also sits on the Citizen Advisory Committee for the Los Angeles Olympic Committee. He is upset about the course selected for the 1984 marathon.
"It starts in Santa Monica and then goes through one

of the worst ghettos in the area," he said. "It's really a shame that the foreign athletes have to see the best and worst in America. That is just terrible," Wallach said. He added that the men's and women's United States marathon qualifying meets will be in Buffalo, New York (by Niagara Falls) and Olympia, Washington, two prettier sites.
Wallach expects the environment to be hard on the Olympic marathon runners because of the smog and heat.
"They got a big problem. I don't expect to see any records broken and that's a shame," he said.

U.S., USSR: more trouble

U.S. diplomat called spy

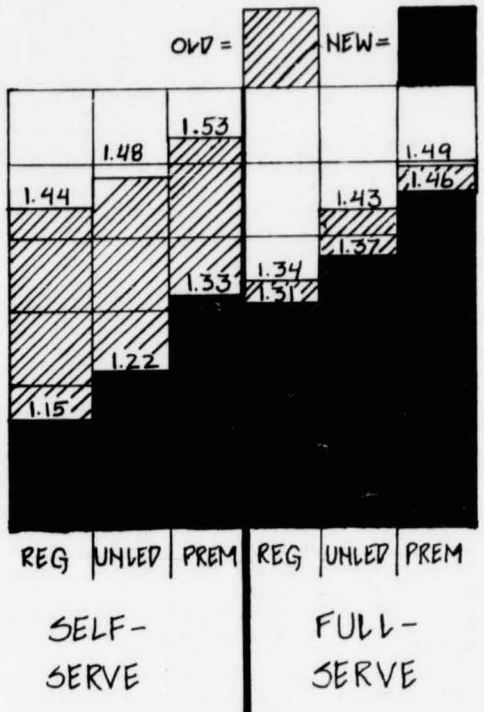
MOSCOW (AP) — A U.S. diplomat and his wife have been accused of spying in Leningrad and the diplomat has been asked to leave the country, the official Tass news agency said today.
There was no immediate confirmation of the report from the U.S. Embassy here. Officials who would be able to comment were not in their offices when The Associated Press telephoned.
According to Tass, "Vice Consul Lon David Augustenborg of the U.S. General Consulate (in Leningrad) and his wife, Denise Augustenborg, were detained flagrant delicto in the area of Leningrad on Sept. 11 as they were carrying out an act of espionage."
Tass said an investigation "fully exposes the U.S. diplomat and his wife as being engaged in intelligence-gathering activities incompatible with their official status."
The agency said Augustenborg "was declared persona non grata for his illegal acts of spying."
No other details of the allegations were provided in the three-paragraph dispatch, attributed to the KGB secret police. The dispatch did not mention any connection with the recent downing of a Korean Air Lines jumbo jet by a Soviet fighter plane, an incident which has strained U.S.-Soviet relations.
The last U.S. diplomat expelled from the Soviet Union was embassy attaché Louise Thomas, who was ordered out of the country last June.

Soviets withdraw from atomic talks

SAN FRANCISCO (AP) — Six Soviet scientists have withdrawn from a high technology conference on atomic particle beams, but it was unclear whether the cancellation was caused by the crisis of the downed Korean airliner.
According to the San Francisco Examiner, conference organizers received a telegram Saturday from L.I. Rudakov, who was supposed to attend the session to discuss progress in Soviet atomic particle beam technology.
The telegram read: "U.S.S.R. delegation cannot attend this conference. Hope possibility to discuss our problems in the future."
Other conference participants said they didn't know if the sudden cancellation was a direct result of the international furor over the downing of the Korean jetliner this month with 269 people aboard.
Speculation at the conference was that the Soviets' absence was due mainly to their difficulty in getting plane reservations out of Russia, the newspaper said.
Richard Briggs, a Lawrence Livermore National Laboratory physicist who is a conference co-chairman said, "Unquestionably this has to do with the airline travel complications. That's my guess."
Others pointed out that the Soviets have a history of suddenly canceling out on high-tech conferences — especially ones with potential military applications.
Rudakov was one of six Soviet scientists who were supposed to appear at the Beams '83 conference, which is sponsored by research branches of the Air Force, Navy, Pentagon, Department of Energy and private companies.
Particle beams are being developed for use in atomic fusion energy technology.

Expert predicts gasoline prices will come down

LOS ANGELES (AP) — The end of summer vacation driving will continue to send gasoline pump prices down as diminished consumption keeps retailers competitive, an oil industry analyst says.
The average price of all gasoline grades dropped .2 cents a gallon in the two-week period ended Sept. 9 on a drop in wholesale prices of .46 cents a gallon, according to a nationwide survey of 17,500 gas stations published Saturday in the weekly Lundberg Letter.
Publisher Dan Lundberg said the wholesale price drop was not completely reflected at the pump because dealers continued to try to recover losses they've suffered since January.
Nonetheless, profit margins, which dealers rely on to meet operating expenses, have fallen from 11.47 cents a gallon to 9.5 cents this year, Lundberg noted.
A federal nickel-a-gallon tax imposed in April kept retail profits down, Lundberg said.
The overall average price for all grades of gas was \$1.24.9 on Sept. 9, Lundberg said. The biggest drop-off was for self-serve regular leaded, which fell .29 cents a gallon to an average of \$1.15.1.
Other prices and decreases were: self-serve unleaded, \$1.22.2, down .26 cents; self-serve premium unleaded, \$1.33.4, down .20 cents; full-service regular leaded, \$1.31.7, down .03 cents; full-service unleaded, \$1.37.3, down .06 cents, and full-service premium unleaded, \$1.46.2, down .03 cents.
Lundberg said competition arising from discounts for cash instead of credit cards discounts "has been severe," holding the overall gas increase to 5.2 cents a gallon since January, from an average of \$1.19.73 to \$1.24.92.



Graph shows the average prices of gasoline on Sept. 9 and two weeks before that date. The average price of all grades dropped .2 cents a gallon in the two-week period, according to a nationwide survey of 17,500 gas stations. Oil industry analyst Dan Lundberg predicted prices will continue to fall as the end of summer driving marks reduced consumption.

S.J. man makes miraculous recovery

SAN JOSE (AP) — Doctors told Bruce Mallibert's relatives that he wasn't expected to survive a midair collision that killed 16 people.
When he awoke from a 93-day coma, the physicians predicted severe brain damage.
But Mallibert confounded medical experts to become the sole survivor of the blazing crash of a space agency flying laboratory and a Navy surveillance plane in Sunnyvale 10 years ago.
The former Navy radar technician was thrown free of the wreckage, causing a concussion, broken back, broken legs and burns. He is unable to walk but feels his progress so far is miraculous.
Golfers who witnessed the collision 300 feet over the 12th fairway at Sunnyvale Municipal Golf Course found Mallibert and covered him with a parachute because they thought he was dead.
A firefighter who

checked him later found a pulse and had him rushed to a hospital.
"It was divine intervention that I was alive," said Mallibert, 32, of San Jose. "You don't live through that unless someone is on your side."
The Bakersfield native was nicknamed "Moose" in high school because of his 6-foot, 200-pound frame. Boyhood friends such as John Carter of Bakersfield never expected Mallibert to recover physically.
"I don't want to sound like a religious nut or anything, but I think God healed him," Carter said.
"Stuff like that just doesn't happen."
Carter also is surprised by Mallibert's lack of bitterness about an accident that paralyzed his legs and confined him to a wheelchair.
"You don't hear anything negative from Bruce Mallibert," Carter said. "No matter what you ask him, nothing is ever negative."
Mallibert had to learn to speak again and started driving with hand controls. He is a regular around nearby Moffett Field and made a point of visiting new patients twice a week

at a veterans hospital in Palo Alto.
His wife, Kathy, was a sophomore in high school when the planes crashed, and she could see the smoke from school. They met at a church when Mallibert was lecturing on his accident.
"I asked her out to coffee," he said. "And we've been going out ever since. She says she didn't get a word in edgewise for the first three weeks."
They were married four months later.
"She thought she was getting a vegetable for a husband," Mallibert joked.
"Little did she know she was getting a fruit salad."
He was flying in the rear of the four-engine Navy turboprop plane April 12, 1973 listening to an AM radio.
Both the Navy and National Aeronautics and Space Administration planes were instructed simultaneously to land on the same runway and then were waved off too late to avoid the collision.
Mallibert heard a crew member scream, "Oh my God, we're all dead."
He was right about all but one man who cherishes the life he leads.

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Girl gang members get job help
LOS ANGELES (AP) — The teen-age girls come from poor neighborhoods, and many are affiliated with gangs. But some professional women believe that, given the chance, they can find rewarding careers.
And so, on Saturday, 120 girls between 13 and 18 attended a workshop at the elegant Bonaventure Hotel to learn about careers and self-improvement. It was the third such workshop, entitled "Neighborhood Dreamgirls" after the hit musical "Dreamgirls," sponsored by the community Youth Gang Services Project.
"Our concern is not only on physical self-image, but on the job opportunities available to these young ladies," explained cosmetic company owner Barbara Walden, a seminar organizer. "Our goal is to get the girls into something constructive and get them off the streets."
Participants from 24 different neighborhoods throughout the city were given information on building their individualism and attended career seminars on topics from computer programming and law enforcement to entertainment. Many of the young women found the event eye-opening.
Dolores Valencia, an 18-year-old gang member from East Los Angeles, said she arrived with no idea of what she wanted but left feeling enthusiastic after talking to a nurse.
"She was telling me that if I wanted to go into nursing, I could volunteer to work in her hospital," said the high school senior. "I think I'll do it because I'm very interested."
"I wanted to find out what was going on and get into it," said Jacquelyn Kennedy, a 15-year-old from South Central Los Angeles who plans to be a "professional model, singer, jazz dancer and actress, as well as a child psychologist."
A member of the "Lovely Ladies," a group of teen-age girls who live in the University Gardens Housing Project, Kennedy said she plans to do some volunteer work this year.
"I don't think gangs go anywhere," she said.

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